

## Diary dates in brief

- **18 August.** Otaki PC jumping day
- **18 August** QEII Trek
- **19 August** deadline for raffle donations
- **24 August** working bee
- **25 August.** Combined training day
- **28 August** NITE meeting
- **1st Sept** Waikanae PC training day
- **4 Sept** Committee meeting
- **7 Sept** Hoofball rally and western obstacles
- **8 Sept** QEII Wellington eventing
- **15 September.** Waikanae PC Spring Show
- **27 Sept** Bowling night, social get together

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# Kapiti Riding Club



August 2013

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## Time to get started

The winter dressage series has just ended (well done Nicola Robinson!) providing those with the desire and commitment, the opportunity to continue to compete during the Winter months. For the rest of us the end of Winter heralds the start of getting our horses fit and ready for the upcoming season ahead.

It's a great opportunity to take advantage of our sandy beaches and take in the scenery whilst getting yourself and your horse fit.

Like all professional athletes, it's worth getting advice on how to increase the overall fitness level of your horse safely. Establish your goals for the coming season and build the fitness level of your horse to meet your goal.

Last month we talked about setting goals and planning on how to achieve those goals. Goal setting isn't always about a competitive goal, it could be a personal goal for improving your riding, the fitness of your horse or a hurdle in behavior you want to work through and overcome.

Setting goals helps provide you with a long term vision of your plans and short term motivation to achieve them.

Remember to set realistic goals and write them positively. For example you might write "improve my riding technique and hand position" rather than "stop dropping my wrists down"

Each season provides us with a great opportunity to try something new and stretch our comfort zones. Be inspired at the great events taking place in this region, maybe even commit to being involved in NITE. Either way it's time to take stock, draw a deep breath and get started.

Happy reading....Sam

## In detail

Show jumping is a relatively new equestrian sport. Until the 18th century, there had been little need for horses to jump fences routinely, but “The Inclosure Act” brought fencing and boundaries to many parts of the country as common ground was dispersed amongst wealthy landowners. This meant that those wishing to fox hunt now needed horses that were capable of jumping these obstacles.

In the early horse shows held in France, there was a parade of competitors who then took off across country for the jumping. This sport was, however, not popular with spectators as they could not follow to watch the jumping. Thus, it was not long before fences began to appear in an arena for the competitions. This became known as *Lepping*. By 1900 most of the more important shows had *Lepping* classes.

An Italian riding instructor, Captain Federico Caprilli, heavily influenced the world of jumping with his ideas promoting a forward position with shorter stirrups. This style placed the rider in a position that did not interfere with the balance of the horse while negotiating obstacles. This style, now known as the forward seat, is commonly used today.

The first major show jumping competition held in England was at Olympia in 1907. Most of the competitors were members of the military and it became clear at this competition and in the subsequent years, that there was no uniformity of rules for the sport. Judges marked on their own opinions. Some marked according to the severity of the obstacle and others marked according to style. Before 1907 there were no penalties for a refusal and the competitor was sometimes asked to miss the fence to please the spectators. The first courses were built with little imagination; many consisting of only a straight bar fence and a water jump.

A meeting was arranged in 1923 which led to the formation of the BSJA in 1925.

An early form of show jumping first was incorporated into the Olympic Games in 1900. Show jumping in its current format appeared in 1912, and has thrived ever since, its recent popularity due in part to its suitability as a spectator sport which is well adapted for viewing on television.

### **Want to have a go?**

The KRC Combined training day on 25th August will provide a great opportunity to get started on your journey to metre plus jumping competitions!

## KRC Events

- **Sunday 18th August** - KRC Ride. QEP, 10am ride out
- **Saturday 24th August** - Working bee. Setting up for combined training day. Come along from 1pm. Waikanae grounds.
- **Sunday 25th August** - Combined training day. Show Jumping and dressage classes.
- **Wednesday 28th August** - NITE meeting. Come along and get involved in NITE 2014. Angie Galland's, 7 Ruru Road, Otaihanga. 8pm start

If you are interested in getting in getting involved in NITE but can't attend the meeting, please e-mail Angie and let her know; Gallandz@paradise.net.nz

- **Wednesday 4th September** - Committee meeting  
Meeting at Val Ballinger; 156 Rangiora Road, Waikanae. 8pm meeting starts.
- **Saturday 7th September.** Rally at Western riding grounds, Reikorangi. Hoofball and western obstacles. 10am start time
- **Tentative date .... Friday 27th September.** Time for a social gathering!. Bowling night. Subsidized for members. Date, time and location in next newsletter.

### New routine!

Recent rallies have brought great numbers of club members along, which is fantastic to see. An increase in numbers also provides the need for more structure, to ensure that everyone gets the most from the day.

Firstly the club is responding to the increase in participation and ensuring that future rallies will have an increase in the number of instructors available.

9:30am Rally set up. New faces are desperately needed to help support the events.

Let the Rally organiser you are there for the event. They will be wearing a hi-vis vest. See if you are needed to help out before tacking up!

Listen out for the bell which will indicate the start of the event. This will happen promptly at 10am

The end time for the rally will be 12 noon.

## Events

Sunday 18th August

- Otaki PC jumping day

Sunday 25th August

Jeremy Steinburg is holding dressage masterclass

Thompson's horse centre, Upper Hutt. Hosted by Dressage Wellington

Sunday 1st September. Waikanae Pony club training day. 10:30am start

Sunday 8th September. QEIP. Wellington eventing. Intro to Open Novice. Show jumping and short x country round.

Sunday 15th September

- Waikanae Pony Club, Spring Show. Flat classes start 8am. Jumping classes start 10am

Horowhenua Dressage group, Spring tournament, Foxton Racecourse

22nd September 2013

Entries close on Friday 6th September 2013

## Future dates

NITE has been confirmed for January 25th and 26th, 2014.

It is time to start getting serious about your involvement in this fantastic event.

## WATRC

Upcoming CTR season dates

**29 September Waikawa Beach**

**13 October Te Hapua Beach (Te Horo) (*Premier Points*)**

**3 November Maymorn, Upper Hutt**

**24 November Marton (New)**

**15 December**

**Rhona Fraser Challenge, Battle Hill (*Premier Points*)**

## Reminders.

Don't forget to phone **0223 104788** if you are worried that an event will be cancelled due to weather conditions. The latest there will be a message is 8.30am on the day.

Please clean up all horse poo, hay and rubbish from around your float/truck and pathways as well as from all weather arena and surrounding area. Please take it home with you until a better solution is sorted out

We welcome members bringing new people along. They can come to 3 rallies but then they must decide if they want to join.

## Out and about

A lovely evening of water colour painting and drawing took place on 18th July at Nicki Robinson's. Under the tutelage of Melda Gibson those who came along, produced some fantastic results.

Thanks to Melda and Nicola.

Well done to all the budding artists!



4 riders turned out for the KRC beach ride. It was a very leisurely affair as all the horses were just coming back into work. The weather was kind and it was a fabulous outing down Sims Road, along the beach and back to Te Horo beach road.

Hope to see more of you out and about on our next ride; QEP—18th August

## RESULTS

### Horowhenua Dressage Club series results

#### Newcomers 2013, Level one

Donna Tholen—3rd  
Robyn Murphy—4th

#### Emerging rider, Level two

Nicola Robinson—1st  
Jacqui Grennetia—3rd

#### Championship points, Level one

Sarah Inglis—2nd

#### Championship points, Level two

Nicola Robinson—Champion

Apologies if I missed any results, as these were pulled directly off the website, trying to match members names from phone lists and facebook group to the results page!

PLEASE remember to send in your results to:

[minxpalmer@slingshot.co.nz](mailto:minxpalmer@slingshot.co.nz) so that they can be included in the next newsletter. Our club members do like to hear how we are all getting on.

## FINAL WORD

Don't forget the call for raffle prizes. Anything suitable for a gift basket would be greatly appreciated.

## CLASSIFIEDS

### OTAKI COVER REPAIR SERVICE

Home based horse cover repair service - available to repair Canvas and Synthetic covers. I am also offering a **local** pick-up and delivery service to cater for people that may work full-time, or have a busy lifestyle -- for a small additional fee for petrol costs.

Waterproofing (for canvas covers at present – I am currently in the process of sourcing proofer for synthetic  
For all enquiries or to make an appointment please contact:  
Melissa Ellingham  
Phone or Text: 021-150-2500  
Email: [cover.repairs@gmail.com](mailto:cover.repairs@gmail.com)

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### For sale

“Pigtail” fence strands. 40cm x 35 strands. Used as fence extender or outrigger type fencing. Usually \$18 for set of 5. Selling for \$60 the lot.

Ring Lesley 04 2936311

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Melda Gibson is selling cards with envelopes \$3

Art for sale in my gallery at home;

55 Florida Road, Ohau.

Stallion at stud—Darby LS. Chestnut jumping bred stallion, 16hh \$900 stud fee

Phone Melda Gibson 06 368 7306

Or e-mail [Melda@kapiti.co.nz](mailto:Melda@kapiti.co.nz)

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## CLASSIFIEDS

### WANTED!

Pony Tales Riding school in Reikorangi are looking for lovely ponies!

We are needing an approx. 12 hander and a 14 hander. We would prefer a good doer, and a gelding, but mares are OK if they are not too 'mareish'. They will need to be quiet to handle as children will be dealing with them on the ground. They also need to be more "whoa" than "go"!

If anyone knows of any ponies that could be suitable please e-mail Cathy Devenport

Cathyandcraig@xtra.co.nz

A fantastic home will be assured. Buy or lease considered

### VESTS

KRC vests and shirts are now being considered for order.

If you are interested in ordering a shirt or vest, please e-mail Nicki Robinson;

nickrobinson@xtra.co.nz

### **This really is the FINAL WORD!!!**

We urgently need raffle prizes...

Anything suitable for a gift basket would be greatly appreciated.

Please drop them off to  
Nicky Robinson—Waikanae  
Cathy Devenport—Otaihanga  
Sandra de Ruiter—Te Horo

Needed by MONDAY 19th August

THANK YOU :)