

Diary dates in brief

December

- 11th Obstacle practice
- 13th and 14th Natalie Page lessons

January 2015

- 4th & 5th NITE
- 8, 9 & 10th Ride with your mind clinic

February

- 1st Rally
- 4th Committee meeting
- 15th Obstacles and BYO picnic

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Kapiti Riding Club



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The end of another year

Last swimming lesson of the season last night. Time for the children to wish Merry Christmas to their swim teacher and to look forward to seeing them in the new year.



I slowly crawled home, through deep muddy puddles and flooded plains. So far it hadn't started to feel like a Kiwi Christmas. But I know it will come right, it always does. The sun will shine, the long days will tempt us with rides into the night and the picnic rugs will come out.

Like most things in life, it's a question of waiting...

I guess the same goes for your relationship with your horse. It's not instantaneous, it takes time. For each of us that time is different; it may be we need time to build up our confidence, time to upskill ourselves, time to upskill our horse or even time to buy a new horse.

Just in case you feel the need to buy yourselves a horse related gift. Take a look at the ultimate Christmas present ideas for all your horse lovers.



Happy reading.....Sam,

KRC Events

December

11th Obstacle course practice - Otaki tip paddock, 6.30pm. This session is primarily for anyone attending and competing at NITE, but feel free to come along and share the facilities. The cost is \$5 per rider. Another session is scheduled for February during the day.

13 & 14 - 2 day clinic with Natalie Page. 1st day dressage, 2nd day jumping, however if you want 2 dressage, or 2 jumping this will be possible subject to availability. The lessons will be 45 mins long and cost \$45, but KRC will subsidize the 1st lesson by \$10. Cathy Devenport will take the bookings, so please get in touch with Cathy to confirm your place.

This clinic is now full, but please e-mail Cathy if you are hoping for a cancellation slot.

January

3rd & 4th NITE

18 Teams competing this year. Manfield Park. All welcome to come and support our KRC team.

8, 9 & 10th - Linda Brown clinic at Mary P's. Full details of this clinic are on the last page of the newsletter.

This is a very valuable clinic for most people I think, the emphasis being on improving our riding so as to improve the way the horse goes, rather than on trying to improve the horse's way of going while still impeding him with our own tensions and asymmetries.

February

1st - Rally, Waikanae Park. Melda and Natalie will be coaching

4th - Committee meeting. Robyn's house; 41 Hautere Cross Road

15th - Obstacle course, Otaki Tip Paddock. Parking next to storage lock up. \$5 per person. A great opportunity to practice obstacles. A BYO picnic and river ride will follow.



Events

New routine!

Recent rallies have brought great numbers of club members along, which is fantastic to see. An increase in numbers also provides the need for more structure, to ensure that everyone gets the most from the day.

Firstly the club is responding to the increase in participation and ensuring that future rallies will have an increase in the number of instructors available.

9:30am Rally set up. New faces are desperately needed to help support the events.

Let the Rally organiser you are there for the event. They will be wearing a hi-vis vest. See if you are needed to help out before tacking up!

Listen out for the bell which will indicate the start of the event. This will happen promptly at 10am

The end time for the rally will be 12 noon.

What's on...

Other dates:

21st December - Levin PC Show

3rd & 4th January - NITE

16th & 17th January - Levin AP & I Show

Battle Hill Eventing's dates for the 2014-15 season have been confirmed. For your diaries:

Spring ODE - Sunday 23 November 2014

- Training Day - Sunday 30 November
- Training Day - Saturday 27 December
- Training Day - Sunday 11 January 2015
- Training Day - Sunday 22 February

Autumn ODE - Sunday 29 March

Using Waikanae Cross Country course

KRC members can use Waikanae Cross Country course for schooling their **own** horses. It cannot be used to school other people's horses, or to take non-members over the course.

If you would like to use the course, please phone Heather McCaffrey on 022 152 1775 and let her know your preferred time and day.



Christmas Gift Ideas



1. Top of the list for any mad horse lover, would have to be the ultimate horsey bed.
Of course prices are on application.



2. Harrods are selling this rather nice high end, goats hair horse brush. If you need to have the ultimate grooming tool for your equine partner, then look no further. Priced at around \$70 (not including shipping).





3. I love this Keep Calm artwork. It's personalised so it features your horse's name and preferred background.

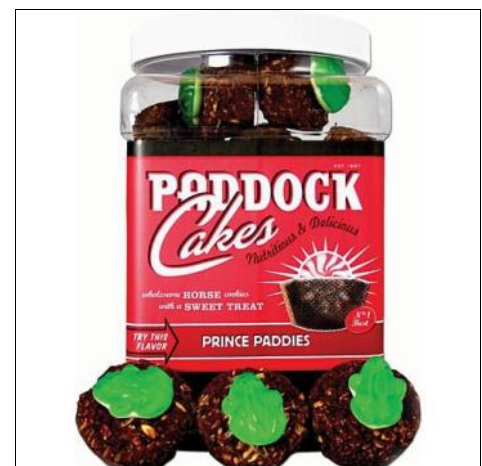


4. Pony-opoly. For pony mad lovers, who need a board game in their lives. The object of the game is to collect as many treats and ponies. The good news is that there is also an adult version called Horse-opoly so you won't miss out on the fun!

5. The ultimate horse treat.

Gummy Frog Cakes Horse Treat by Paddock cakes are made with mashed apples, flaxseed and can molasses. They are home made and hand made. These tasty treats are topped with apple flavoured sweets for your horse!

They come in a variety of flavours, including Peppermint, Red Licorice, Black Licorice and Banana bites



Reminders.

Don't forget to phone **0223 104788** if you are worried that an event will be cancelled due to weather conditions. The latest there will be a message is 8.30am on the day.

At the rallies can ALL members take part in helping put out and put away. We understand that some people have genuine reasons for not being able to help and members understand, but it would be nice to have other members help out at other times.

Please clean up all horse poo, hay and rubbish from around your float/truck and pathways as well as from all weather arena and surrounding area. Please take it home with you until a better solution is sorted out
We welcome members bringing new people along. They can come to 3 rallies but then they must decide if they want to join.

CLASSIFIEDS

For Sale

Black Jacket size 14

3 back protectors – about sizes S/M

3 mens/boys jods – sizes range ? to 38

Black velvet hat size 56

OFFERS Ring Sandra 06 3643092 or

For Sale

Set of harrows 1mx1m

No spikes so great for arena

Doesn't rip up sand paddocks.

\$250 ono ph 02102372786 or 04 2931144



RIDE WITH YOUR MIND

Rider Biomechanics Clinic in Te Horo

Thursday 8th / Friday 9th / Saturday 10th January

Achieve optimal balance and performance when Riding

Good Posture can prevent back pain yours and your horses

Learn about symmetry, developing the rider's core

Manage the way your horse turns and circles

Become an effective rider not a passenger

Feel safe and in control

LINDA BROWN DRESSAGE NZHSII NZEF Development Coach Ride With Your Mind Accredited Coach

The **'Ride with Your Mind'** approach to rider training uses powerful visualization and in depth knowledge of rider form and function to help riders be able to use their bodies effectively. Ultimately the horse goes much better when we ride better! Read this to find out more <http://www.mary-wanless.com/RWYMAapproach.html>

Initial RWYM lessons with Linda include video feedback in a group clinic after the lesson Here you can watch what you were feeling and see the difference in your balance and body control as well as in your horse's way of going.

Cost

Private 45 minute lesson **\$85**

Shared 1 hour lesson or private half hour lesson with video feedback following **\$50** *this can be a very good option for first timers!*

Arena fee **\$5** per rider per lesson

Spectators/ auditors **\$10 half day, \$15 full day** (no charge if you are just watching one lesson eg with your friend)

There will also be an admin charge of approx **\$15** Max per head to cover travel expenses (linda lives in Tauranga !).

This is a one off charge per head for the weekend, no matter how many lessons you have and will be confirmed closer to the time

KAPITI RIDING CLUB MEMBERS GET FIRST CALL ON THIS CLINIC!!!

The club will subsidise current financial members \$ 10 off their first lesson with Linda.

Interested?

Please email Mary Pagnamenta on marypag@xtra.co.nz or call 063642015 to book a place, express interest or find out more.

Places are already filling fast, so don't leave it too late and end up disappointed!