

## Diary dates in brief

- **21 July.** Rally
- **31 July.** AGM.
- **4 August.** KRC Beach ride.
- **7 August.** Committee meeting
- **11 August.** Horowhenua dressage. Levin PC jumping
- **18 August.** Otaki PC jumping day
- **25 August.** Combined training day
- **15 September.** Wai-kanae PC Spring Show

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# Kapiti Riding Club



July 2013

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## Time for reflection

There are times in your life when something happens and the pace of the world just slows, almost to a complete standstill. Holding you there, in suspension, slowly bringing your senses into play revealing all there is to hear, see, smell and touch. Waiting for you to absorb and appreciate. Reminding you of how wonderful the world can be and revealing the beauty of the people within it.

That moment may bring back wonderful memories of galloping along the beach, clearing a show jumping round, achieving a dressage goal or just taking in the wonderful smell of your horse and appreciating the relationship you have.

That moment may take you off somewhere completely different, but either way it's an opportunity to step off the treadmill, recognize the positives, slow down the pace, absorb and reflect.

For me and many others this month has brought about many moments when the pace has slowed and it's been a time for reflection.

Winter is a great time for reflection and looking forward. The greatest success in goal setting is when you spend 20% of your time looking back and 80% looking forward. More often than not we spend our 80% looking back, hanging on to what we have or could have achieved.

With Spring around the corner it's a great time to set out plans, write down your goals and then set about achieving them. Share your goals...you are much more likely to achieve a goal once it's shared.

Many top coaches believe the key to success is to surround yourself with like minded and positive people. What better place than KRC riding club and the amazing members and supporters we have. It's been said that even -5c and 50kph winds can't stop the enthusiasm!

Happy reading....Sam

## **In detail**

The world of show jumping can be extremely complicated, with many prestige competitions hard fought the world over. Prize money can be high and much is at stake. The sport is dominated by male show jumpers and warmblood or thoroughbred horses.

Next month "In detail" will reveal more on this equestrian sport, but this month we look at just two engaging competitions.

### **Puissance**

Puissance translated into English; "Power"

The high jump of the show jumping circuit, the Puissance is one to win over the crowds and woo spectators.

Normally the wall is one of 5 or 6 fences in the first round of the Puissance, but once the first round is over, the number of fences are quickly reduced to just 2.

The first round is also usually set at around 1.70m, and raised for every round jumped, with a total of 5 rounds (including the first multi fence round).

The current record for the highest indoor Puissance wall jump of 2.40m, was set by Franke Sloothaak, in June 1991.

The puissance is similar to, but not the same as, the equestrian high jump competition, which consists of a single, slightly sloping fence made from a hedge topped with timber rails. The record for the high jump stands at 2.47 m, set by Captain Alberto Larraguibel Morales in February 1949.

### **Six bar competition**

The six bar competition tells you nearly all you need to know in the title. It's a straight line jumping competition comprising of just 6 jumps, each getting bigger than the last. The fences increase only in height, not width.

Usually it's immediate elimination if a fence is knocked down in the six bar competition.

When there are multiple riders who have gone clear, then all six fences are raised until there is a clear winner.

### **Want to have a go?**

The KRC Rally on 21st July will provide some basic instruction in jumping and get you started on your journey to metre plus jumping competitions!

## KRC Events

- **Sunday 21st July Waikanae** - KRC Rally. Waikanae Arena.

There will be 3 instructors at this event, with Sarah Inglis, Melda Gibson and Natalie Page as the confirmed instructors. 10am start

- **Wednesday 31st July** - AGM

Our Annual General Meeting will begin at 8pm at the Waikanae Pony Club rooms. Please bring along any goods suitable for a gift basket, for our annual raffle draw. This is a great fund raising opportunity for the club and we need your support. Suggestions include; grocery item, toiletries, wine, chocolates and even hardware!!

- **Sunday 4th August** - KRC Beach ride

Park at end of Puruaha Road (Off Pukenamu Road) Te Horo beach for 10am start.

Ride will cater for all levels of horses and riders

- **Wednesday 7th August** - Committee meeting

Meeting at Sandra de Reuter's. 8pm meeting starts.

## Upcoming events

25th August—combined training day at Waikanae Park

### New routine!

Recent rallies have brought great numbers of club members along, which is fantastic to see. An increase in numbers also provides the need for more structure, to ensure that everyone gets the most from the day.

Firstly the club is responding to the increase in participation and ensuring that future rallies will have an increase in the number of instructors available.

9:30am Rally set up. New faces are desperately needed to help support the events.

Let the Rally organiser you are there for the event. They will be wearing a hi-vis vest. See if you are needed to help out before tacking up!

Listen out for the bell which will indicate the start of the event. This will happen promptly at 10am

The end time for the rally will be 12 noon.

## Events

Sunday 4th August

- XC Training @ QEII park

Sunday 11th August

- Horowhenua dressage
- Levin PC jumping day

Sunday 18th August

- Otaki PC jumping day

Sunday 25th August

Jeremy Steinburg is holding dressage masterclass

Thompson's horse centre, Upper Hutt. Hosted by Dressage Wellington

Sunday 15th September

- Waikanae Pony Club, Spring Show

## Future dates

NITE has been confirmed for January 25th and 26th, 2014.

It is usual practice for all horses and riders to arrive the night before, so assume arrival on Friday 24th January.

On arrivals night there is a BBQ dinner and get together social with all riders.

Saturday night there is a DJ and blind auction.

The phases for NITE include;

Quadrille

Gamblers stakes showing jumping

Riding club mount, obstacle course

Turnout

One other event, which is yet to be decided

There will be a meeting held after the AGM (dates and times to be confirmed) where you can learn more about the event and get involved.

## Reminders.

Don't forget to phone **0223 104788** if you are worried that an event will be cancelled due to weather conditions. The latest there will be a message is 8.30am on the day.

Please clean up all horse poo, hay and rubbish from around your float/truck and pathways as well as from all weather arena and surrounding area. Please take it home with you until a better solution is sorted out  
We welcome members bringing new people along. They can come to 3 rallies but then they must decide if they want to join.

## RESULTS

Sunday 14th July - Horowhenua Dressage Club

1.2B

Riding Lena - Lucy Tod 65.4 (2nd place)

Riding Ricco - Jane Lenaghan 64 (4th place)

1.5a

Riding Ricco - Jane Lenaghan 64.3 (4th place)

2.2

Riding Lilly - Nicola Robinson 63.8 (3rd place)

2.5

Riding Kenzie Bear - Kim Schwass 64.0 (3rd place)

3.2

Riding Vulcani - Ken Alexander 56.8 (3rd place)

3.5

Riding Vulcani - Ken Alexander 58.9 (2nd place)

Apologies if I missed any results, as these were pulled directly off the website, trying to match members names from phone lists and facebook group to the results page!

PLEASE remember to send in your results to:

**[minxpalmer@slingshot.co.nz](mailto:minxpalmer@slingshot.co.nz)** so that they can be included in the next newsletter. Our club members do like to hear how we are all getting on.

## FINAL WORD

Don't forget the call for raffle prizes. Anything suitable for a gift basket would be greatly appreciated.

If you are unable to attend the AGM and have a prize to donate, please call any of the committee members and let them know.

## CLASSIFIEDS

Christie Strang is looking for grazing for 2 horses. Both are well behaved, easy to handle, good with electric tape etc. Ideal location is between Paekakariki and Waikanae. Please contact her ASAP if you have grazing, or know of any available locally.

Please contact Jane Lenaghan if any of the following adverts are of interest to you;

Steven Fields old horse Bailey, now 21 years old, is looking for a new home.  
16.3hh crossbred, bay horse  
Trained to elementary dressage and lovely to hack out. He can be difficult to catch, but easily tempted by food. He will come with 2 rugs and is available on a free lease.

Bates Caprilli Dressage Saddle - 17.5", Black, Cair panels and interchangeable gullet  
Excellent condition and fully mouted \$1200

2 pairs long black leather riding boots. Excellent condition. Size 39 Euro. \$50 each pair.

## OTAKI COVER REPAIR SERVICE

Home based horse cover repair service - available to repair Canvas and Synthetic covers. I am also offering a **local** pick-up and delivery service to cater for people that may work full-time, or have a busy lifestyle -- for a small additional fee for petrol costs.

Waterproofing (for canvas covers at present – I am currently in the process of sourcing proofer for synthetic  
For all enquiries or to make an appointment please contact:

Melissa Ellingham

Phone or Text: 021-150-2500

Email: [cover.repairs@gmail.com](mailto:cover.repairs@gmail.com)

Marcella Bates is selling Mac her up and coming project horse. \$3800

Please phone on 04 293 8359 for more details or to arrange to meet Mac